

# **UnitedHealthcare Community Plan – Kansas**

It's KanCare made for You!









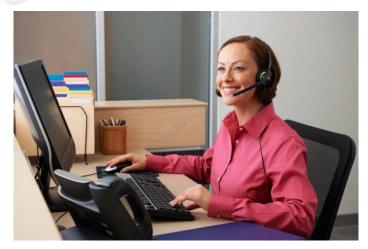
We're proud to have you as a member in the community, and we'll work to make it easier to get the care you deserve.

- You will receive a "Welcome Call" from UnitedHealthcare.
- Our member advocates will call you to discuss your benefits and answer your questions.
- We will give you a Health Risk
  Assessment a short survey to help us understand your health needs so that we can serve you better.
- You will receive a member welcome kit, which includes your new member ID card











#### Member Services

- As our member, you can call us any time, any day using our interactive voice response.
- We are live Monday through Friday 8 a.m. to 8 p.m.
- Toll free Member Services Line:
- 1-877-542-9238
- For the hard of hearing, use:

**TTY: 711** 

- They will help you with anything related to your health plan.
- We want to speak to you in your language!



## **Care Coordination**

- High risk members will be assigned a Care Coordinator.
- Care Coordinators will provide you with support to help you access care.
- We help to manage all of your health, mental health and long term care.
- Contact your Care Coordinator at any time you have a question.

## Care Options

- In your home
- Or in another place in the community such as an assisted living facility
- Or in a nursing home
- Talk with your Care Coordinator about more options for where you can receive care.





If you get care in a nursing home, your Care Coordinator will:

- Be part of your care planning
- Perform a needs assessment
- Add to the nursing home plan of care if you need more
- Make a visit every 6 months
- Coordinate with the nursing home if you need services the home doesn't provide
- See if you are able to move

If you get care at home, your Care Coordinator will:

- Evaluate your health and your needs
- Help you decide the best services for your needs
- Help you develop a plan of care
- Make sure the right providers are consulted



#### **NurseLine**

- Your 24-hour health information resource
- 1-855-575-0136, TTY 711

Nurses can help you with:

- Minor injuries
- Common illnesses
- Self-care tips and treatment
- Choosing appropriate medical care
- Illness prevention
- How to take medication
- Men's, women's and children's health



## **Non Emergency Medical Transportation**

- Available to help you get a ride to your medical appointments.
- Call 1-877-796-5847 at least 3 days before your appointment.
- Call Monday through Friday from 8 a.m. to 8 p.m.
- We will help you with your already established medical transportation appointments.
- Members 16 or older can call. The member's parent or guardian should call if the member is under 16.

# **Value Added Services**



## Keeping Members Healthy

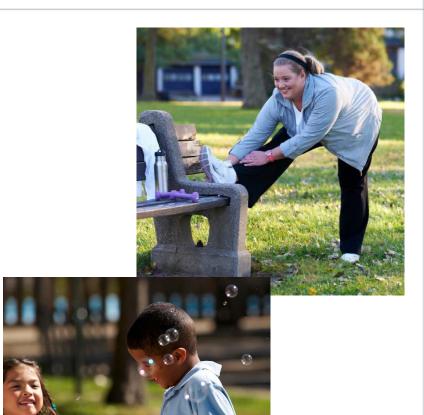
 Adults can earn gift cards for going to health screenings.

## Maintaining A Healthy Weight

- Free Weight Watchers classes and workout gear.
- Weight management support for children in many areas of the state

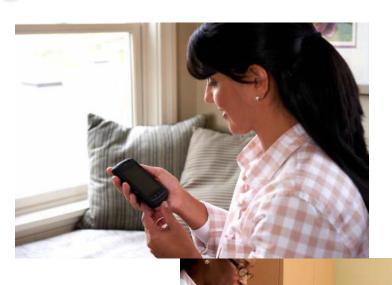
## Keeping Kids Active

- Membership in a youth organization
- One covered camp physical per year Healthy Pregnancies
- Healthy First Steps Program
- Online tools and gifts for new moms (Baby Blocks)
- A free book and more!



# **Value Added Services**





#### Smart Tools for Health

- myuhc.com
- Smartphone applications
- Community Services Connect
- Cell phone for high risk members who need it

# **Promoting Health**

- More vision services
- More podiatry visits
- Dental for adults

#### **Behavioral Health**

- Peer Bridgers Program
- Mental Health First Aid Program





Sesame Street and Dr. Health E. Hound

- "A is for Asthma"
- "Sesame Street Food for Thought Program"
- "Sesame Street Healthy Habits"
- Dr. Health E. Hound birthday cards and reminders are staying healthy

